The RRCA Rod Steele Memorial Award is a national award presented by the Road Runners Club of America at its annual convention to the Most Outstanding Club Volunteer in the Nation. This award is named in memory of Rod Steele, who was the DC Road Runner Club President in 1974 when a plane crash took his life. This award is in memorial to his contributions to the sport of running as a volunteer and supporter of the RRCA. Each of the more than a thousand RRCA chapter clubs can nominate one of its members, other than the current club president, for this award from which the finalist is selected by the RRCA Rod Steele Memorial Award Selection Committee. The HTC has had eight of its nominees selected as the national winner.

Past HTC nominees for this award are listed below with the eight national winners noted with an *. 

<table>
<thead>
<tr>
<th>Year</th>
<th>Nominee</th>
<th>Year</th>
<th>Nominee</th>
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<th>Nominee</th>
<th>Year</th>
<th>Nominee</th>
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<tbody>
<tr>
<td>1975</td>
<td>Harold Tinsley *</td>
<td>1993</td>
<td>John Roberts</td>
<td>2007</td>
<td>Carl Smith</td>
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<td>1982</td>
<td>Louise Tinsley</td>
<td>1994</td>
<td>Lawrence Hillis *</td>
<td>2008</td>
<td>Dink Taylor</td>
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<tr>
<td>1985</td>
<td>Louise Tinsley</td>
<td>1997</td>
<td>Beth Benefield *</td>
<td>2011</td>
<td>Carl Smith</td>
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<tr>
<td>1986</td>
<td>Louise Tinsley *</td>
<td>1998</td>
<td>Keith Young</td>
<td>2012</td>
<td>Carl Smith</td>
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<tr>
<td>1989</td>
<td>John Dennison</td>
<td>2001</td>
<td>Beth Edwards *</td>
<td>2015</td>
<td>Carl Smith</td>
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<td></td>
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<tr>
<td>1990</td>
<td>John Dennison</td>
<td>2002</td>
<td>Carl Smith</td>
<td>2016</td>
<td>Carl Smith</td>
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<tr>
<td>1991</td>
<td>John Dennison</td>
<td>2005</td>
<td>Suzanne Taylor</td>
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<tr>
<td>1992</td>
<td>Norm Harris</td>
<td>2006</td>
<td>Earl Jacoby</td>
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</table>

The Huntsville Track Club is fortunate to have lots of members who volunteer their time at many of the Track Club events, which makes it hard to select one member as Outstanding. In the case of The Huntsville Track Club outstanding has to be above and beyond.

Because I like statistics and running I thought I would investigate a few percentages and put a metric to exactly how outstanding our volunteers can be.

There are 323,100,000 People in the United States of America.

1,900,000 Half Marathon Finishers in 2016 (0.59%)
1,275,600 10K Finishers in 2016 (0.39%)
507,600 Marathon Finishers in 2016 (0.16%)

So running a 10K, Half Marathon, or Marathon is a relatively unique event. To join that, at maximum, 1.14% of the United States population requires that a race is sought out and selected. Of which there were:

4,200 10K Races in 2016
2,700 Half Marathon Races in 2016
1,100 Marathons in 2016

For these races to happen requires a race director to organize, stage, and execute the day with months and months of preparation. Those race directors are the ‘chief’ volunteer. The volunteer ‘master’. The volunteer that volunteers and comes through to execute a successful race. A volunteer like that is:

- 4,200 in 323,100,000 for a 10K 0.0013% (13 in 10,000 for a 10K)
- 2,700 in 323,100,100 for a 0.00084% (8 in 10,000 for a half marathon)
- 1,100 in 323,100,000 for a 0.00034% (3 in 10,000 for a marathon)

To put that in perspective you are more likely to get struck by lightning in your lifetime than become the race director of a marathon.

Now, imagine how rare it must be to have a volunteer that not only has directed a marathon since 2005 but also a large 10K since 2007. And, that person also directs a community half marathon, two annual 5K’s, and easily 52 group runs a year, while somehow managing a fantastic running store. I would say the qualifications for great contributions to the Huntsville Track Club and the sport of running are met.

Hopefully 2017 will make lightning strike with our nominee, Suzanne Taylor, one of the 42 to receive the Rod Steele Outstanding Volunteer of the Year Award.

- 2010 - Dink Taylor, Huntsville Track Club, Huntsville, AL
- 2001 - Beth Edwards, Huntsville Track Club, Huntsville, AL
- 1999 - Jim Oaks, Huntsville Track Club, Huntsville, AL
- 1997 - Beth Benefield, Huntsville Track Club, Huntsville, AL
- 1994 - Lawrence Hills, Huntsville Track Club, Huntsville, AL
- 1986 - Louise Tinsley, Huntsville Track Club, Huntsville, AL
- 1984 - John Hickey, Huntsville Track Club, Huntsville, AL
- 1975 - Harold Tinsley, Huntsville Track Club, Huntsville, AL

The Browning Ross Spirit of the RRCA Award, which began in 1999, is a national award presented by the Road Runners Club of America at its annual convention. The award honors an individual who is an unsung hero in their club. This award is named in honor of Browning Ross who founded the RRCA in 1958. Each of the more than a thousand RRCA chapter clubs can nominate one of its members for this award from which the finalist is selected by the RRCA Browning Ross Spirit of the RRCA Award Selection Committee, chaired by the RRCA President.

The past HTC nominees for this award are listed below with the national winners noted with an *:

<table>
<thead>
<tr>
<th>Year</th>
<th>Nominee</th>
<th>Year</th>
<th>Nominee</th>
<th>Year</th>
<th>Nominee</th>
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</thead>
<tbody>
<tr>
<td>1999</td>
<td>Beth Edwards</td>
<td>2007</td>
<td>Jeff Kyser</td>
<td>2013</td>
<td>Louise Tinsley *</td>
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<tr>
<td>2005</td>
<td>Harold Tinsley</td>
<td>2011</td>
<td>Rick Doke</td>
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<tr>
<td>2006</td>
<td>Harold Tinsley *</td>
<td>2012</td>
<td>Wanda Franklin</td>
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</table>

Winning one of the RRCA’s National Running Awards represents a significant achievement and the Browning Ross Spirit of the RRCA is among the top of these awards. It is my pleasure tonight to present to you the HTC’s nominee for this award – Jim Oaks.

This award honors an individual who works tirelessly and enthusiastically for the club and running community, but prefers to stay in the background, letting others bask in the spotlight. It recognizes volunteer service over a period of many years to the running community. That definitely describes Jim Oaks, a long time HTC member dating back to the 1970s.

Jim Oaks is a graduate of West Point and served our country in Korea and Vietnam. Before he retired as a Captain, Jim earned his Jump Wings and Ranger Tab and received both the Bronze Star and Army Commendation Medal. Jim taught math and coached numerous state championship cross country and tennis teams at Huntsville High School before he retired. He was the PA announcer for Huntsville High School basketball for 20 years. Jim Oaks is an accomplished actor and singer and has appeared on the Ed Sullivan Show and Perry Como Show.

Before becoming a runner Jim was an excellent tennis player. Jim watched the first Rocket City Marathon in 1977 and was inspired to take up running. And like everything Jim has done in his life, he became an outstanding runner with PR's of 33:31 for the 10K at age 44 and 2:33:49 for the marathon at age 45.

For the first 25+ years Jim Oaks was one of the most high profile members of the Huntsville Track Club. He directed three different HTC races for a total of 11 years including the club’s nationally recognized Cotton Row Run for 5 of those years. He also served 10 years as a club officer including Secretary, VP-Programs and Appointed Member. There is no job and no club race that Jim Oaks has not been a volunteer for, and has done so for many other local school and charitable races. He was also the club webmaster for many years and the club’s media coordinator for more than 20
years. Over the years Jim has contributed many articles for the club newsletter and local newspapers, and for many years he also wrote articles and provided pictures for two national master publications.

I won’t begin to list all the club awards Jim Oaks has received, but I should note that he received the club’s highest award, the HTC Lifetime Achievement Award in 2007. He received the national RRCA Rod Steele Memorial Award in 1999 and was inducted into the Huntsville-Madison County Athletic Hall of Fame in 2001. He has also receive many civic awards, some that I am aware of and many I’m sure that I’m not aware of. You see, it is not just the Huntsville Track Club that Jim Oaks supports as a volunteer. I know that for many years Jim and wife Ann delivered Meals-On-Wheels and even now that he is approaching 80 he is still helping build houses for Habitat for Humanity.

During Jim’s high profile volunteer years he frequently attended RRCA Conventions and the Road Race Management Race Directors Meeting, often at his own expense. He was appointed to the RRCA Hall of Fame Selection Committee in 1986 and served on that committee for 30 years including the Committee Chairman for 21 of those years.

Some years ago Jim began taking a less prominent role in the club leaving the high profile positions of race directing and club administration to younger members. However Jim did not retire, in fact he didn’t even slowdown supporting the club as one of the key volunteers you don’t see but is there before, during and after the race so that it will be successful. He is still the primary support person for several club race directors and Jim is still the person club members go to when there is a technical question or problem to be solved. At many club races he is still there using the clubs automatic timing equipment to score races and along with Carl Smith they are the club’s RunScore gurus. He still comes by my house to pick up the finish line banner and scaffolding for a high school or UAH race he is timing.

A statement by club president Norm Harris in 1985 best sums up Jim Oaks. “This is one of those “behind-the-scenes” jobs that requires unbelievable hours of hard work for which there is little reward. Much of his time is spent researching and writing articles for the newspaper. A task such as this can’t be done by just anybody no matter how much energy and enthusiasm they may have. It takes a special person who can project his enthusiasm into you; a person who you naturally like, respect and want to help; a person who has an obvious and deep concern for what he is about; a person who comes across as so honest that you simply must believe them. People like that are not that way as a result of a conscious decision, but rather because it is simply “what they are”. There is a genuine quality about them that cannot be taught or learned and that commands respect. Jim Oaks is one of these people.”

Thank you Jim Oaks for all you do for the club and running community in Huntsville.
NORMAN HARRIS OUTSTANDING ACHIEVEMENT AWARD
GRAHAM GALLEMORE

Presented by Kim Holmes & Chelsea Schiavone

The Huntsville Track Club "Outstanding" Achievement Award has been presented to a member, or some years, members, every year dating back to 1984.

Although there were some earlier awards presented by the club, it was with this award that the club, under then President, Norm Harris, began the annual recognition of club members for their contributions to the success of the Huntsville Track Club.

In 2002 this award was renamed the “Norman Harris Achievement Award” in his honor for his exceptional leadership for so many years. This award is given to recognize extraordinary volunteerism in regard to not only the HTC, but running in general.

The recipients of this award are:

1984 - Bill Edwards
1985 - Jim Oaks & Wayne Smith
1986 - Denny Coyle
1987 - Ray & Nancy Sheppard
1988 - John & Rosemary Gregg
1989 - John DeHaye
1990 - George Franklin
1991 - Jack MacPherson
1992 - Louise Tinsley
1993 - Beth Edwards
1994 - Beth Benefield
1995 - Malcolm Gillis
1996 - Carl & Lynda Senkbeil
1997 - Jim Oaks
1998 - Ray Sheppard
1999 - Lawrence Hillis
2000 - Carl Smith
2001 - Dan Bond
2002 - Joyce Smith
2003 - Mark & Sheryl Dummer
2004 - Dink & Suzanne Taylor
2005 - Tab Barnett
2006 - John DeHaye
2007 - David Purinton
2008 - David & Ashley Cain
2009 - Rob & Kathy Youngren
2010 - George DeWitt
2011 - Wanda Franklin
2012 - Joe Francica
2013 - Marty & Carol Eaton
2014 - Rick & Katie Maehlmann
2015 - Paul & Debbie Erickson
2016 - Linda Scavarda

Chelsea: Tonight's recipient of the Norman Harris Outstanding Achievement award is one of the most recognizable faces in our running community; everyone knows him, even people who don't know that they know him probably recognize his smiling face. He's always there; often behind the scenes of many races doing the things that tend to get overlooked, from delivering water to keep runners going, setting up aid stations and helping to clean them up when it's over, coordinating with the local HAM radio club to keep communications open during races, and of course inspiring runners of all ages and ability levels to never give up with his constant positivity and "can do" attitude.

Kim: Of course the desire to help with races is often built on a running career. Our recipient's running career has inspired many a Huntsville runner on their own path. Personally - this person helped me make it to my first Mountain Mist finish by sharing with me all of their running data for all of their years running it so I would know the best way to pace myself to beat the cutoffs. And does this person have data! This person started running when they were 38, and trail running when they were 60. Since then they've done over 50 marathons and over 65 ultra-marathons. Often times ending a race as the oldest finisher. This person is always there with encouragement and lessons learned to any runner struggling to meet a goal.

Chelsea: Kim and I personally idolize this person so much we coordinate a yellow day with him every year at the Grand Viduta Stage Race.
Kim: And then we force him to pose for pictures with us to document it! We tend to perform better on those days. We think he is on to something with the yellow thing!

Chelsea: Congratulations Graham Gallemore!
TOM BOLT PRESIDENT’S AWARD – CARY LONG

Presented by Eric Fritz

This award was originally named the President’s Award. In 1994 the Executive Board approved a change to rename the award the “Tom Bolt President’s Award” in honor of the founding President of the Huntsville Track Club who served as President for the first four terms of office (eight years). The purpose of this award is to allow the President to recognize a person, group, or organization that has made a significant contribution to the Club or proved especially helpful in the conduct of club business. The President selects the recipient for the award without restriction, which includes consideration of the board members.

Previous winners of the award:

1986 - Linda Harris
1987 - Harold Tinsley
1988 - John Roberts
1989 - Louise Tinsley
1990 - Norm Harris
1991 - Ray and Nancy Sheppard
1992 - Bobby Johnson
1993 - Richard Doke
1994 - Jeff Weitenbeck
1995 - Dan Bond
1996 - Mike Allen
1997 - Lawrence Hillis
1998 - Andy Leonard
1999 - Ken and Ovelia Jessee
2000 - Ray and Alice Moses
2001 - Clare Purinton
2002 - Cheryl & Shahin Hadian
2003 - Malcolm Gillis
2004 - Beth Benefield
2005 - Craig Armstrong
2006 - Wayne and Joyce Smith
2007 - Marty Clarke
2008 - Michele Savage
2009 - Dick & Wanda Franklin
2010 - Brent Smith
2011 - Eric Fritz
2012 - Craig Armstrong
2013 - Jim Oaks
2014 - Suzanne Taylor
2015 - Regena Moore
2016 - Kim Holmes

As any of you that have been to this meeting for the past 6 years knows, I love to give out this award. This award is the only one that is not discussed among the entire HTC Board and I like to keep it secret until right now. There doesn't have to be any rhyme or reason to this award, it is just up to me to give to the person I want to give it to. I could pick someone just out of the blue because I like them, however I have always taken the stance that I want to give this award to the person I feel that has helped me achieve what I wanted or needed to with the club over the past year.

Some may say that could be Eric Enchelmayer for all the help he did in helping us achieve the XC course at John Hunt Park and as I greatly appreciate all that, (he did get the appreciation award) but quite frankly, I didn’t go into this year hoping to create a new XC course. That just kind of came up and I thought it was a good idea for our community so I put some effort behind it. No this year has been a little different. I didn't have any significant goals (or if I did, I've long lost sight of them). You see this year was a very difficult one for me personally both in the club and out of it. Every way I turned, there were unexpected challenges and there were many days when I just wanted to throw in the towel. So this year I’m giving the award to someone who has helped me through navigating those difficulties both at a personal level as well as for the club.

This person comes across in many ways and most likely you would never attribute him with the qualities that this award is centered around. He is self-centered, he is brash, his sense of humor is dramatically childish, yet I do not think I’ve met anyone who could put all that aside in a minute and truly listen to what you have to say, take it in and diplomatically lay it back out to you in a way that not only makes you feel better but helps you understand your own thoughts even better. Now take
all that and throw in the fact that he is one of our top Race Directors and puts on a wildly popular race and I say he is deserving of this award.

Unfortunately, he is not here tonight. If I was a betting man, I would say he's probably sitting down right now writing some short story that includes a run and very likely that run includes stops in the woods to relieve himself of his bad eating habits. Yes, this year I'm giving the Tom Bolt Presidents Award to Cary Long. I don't think I've ever met anyone with a kinder heart, particularly under such an outspoken exterior. There were literally periods of time where I have hid him on Facebook to avoid his endless stories of intestinal distress. But put that all aside and you will find someone always willing to help out, always understanding and just an all-around great person.
ADMIRATION AWARD – JENNIFER SMITH

Presented by Debbie Erickson

To be honored with the HTC Admiration Award requires that the person be admired by a significant segment of the club membership.

In the past our admiration has been bestowed on the following members:

1988 - Cele Coyle  2003 - Brent Smith  2011 - Christy Scott
1999 - Betty Harris  2007 - Loyd Doering  2015 - Katie Beth Pierson
2000 - Earl Jacoby  2008 - Alice Moses  2016 - Mike O'Melia
2001 - Lou Hovatter  2009 - Laura Charette
2002 - Ernest Ray "ER" Ritch

Hi, my name is Debbie Erickson, I am the HTC Secretary and Membership Coordinator. I am here to present the 2017 HTC Admiration Award.

Admiration – Merriam-Webster Dictionary defines admiration as a feeling of respect and approval. When I think of this individual they personify the image that comes to mind when using this word. It is because of her great determination of spirit, and unwillingness to back down in the face of adversity that makes me admire and aspire to be her. She was born and raised in Alabama and has lived in northern Alabama her whole life. Her call to running began when she started running after she had quit smoking in 2006 to keep from gaining weight. She trained for her first 5K, the Cotton Row Run in 2008 and has not stopped since. She is a seasoned tri-athlete competing in local Sprint length tri's, her first being the 2008 Frantic Frog in Scottsboro, as well as half and full ironman events.

I ask you now to think back to the early dawn hours on a late July morning in 2014. Two cyclists were just beginning a training ride on Redstone Arsenal preparing for Ironman Chattanooga. It was 5:45 in the morning, and both ladies were hit from behind by a large truck. Jennifer sustained a spinal cord injury from the accident, which left her paralyzed from the thigh down.

After this terrible accident, in September 2014 to be exact, the running and tri communities rallied together to bring awareness about share the road. Eric Broyles and Fleet Feet Sports organized a group ride on Redstone Arsenal. It was during a very busy time of commuting traffic at the Garrison Commander’s request. The Garrison Commander thought it important enough to bring awareness to cyclist and to share the road to virtually shut down traffic in the early evening hours to support this event.

Some would think this injury would have kept Jennifer from competing in a sport she had grown to love, well those people would be wrong. In 2015, Jennifer was back at it, swimming and riding her recumbent bicycle. September 2015, she was back at the Frantic Frog Triathlon where it all began. She competed in the swim portion, Dennis Mix ran, and my husband Paul competed in the cycling portion. They admire her so greatly they were determined that she would bring home a Frantic Frog Trophy. They ended up placing second in the team relay division.

I would like to present the 2017 HTC Admiration Award to Jennifer Carroll Smith. Jennifer is currently out of country, and I would like to ask Suzanne Taylor to accept this award on her behalf.
DEDICATION AWARD – DAVID MOULDER

Presented by Kathy Youngren

One definition of dedication is defined in the dictionary as devotion to or the act of giving wholly or earnestly. Each of the previous winners more than met this criteria and it surely fits this year's winner. There are many HTC members who fit this definition and the other award winners each year have surely demonstrated a dedication to the club and to their many achievements. The Dedication Award has traditionally been awarded to a club member, who for many years has silently and unassumingly contributed considerable time, effort and talent to our club that has been a significant benefit to the membership.

Previous winners of this award have been:

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
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<tbody>
<tr>
<td>1987</td>
<td>Beth Edwards</td>
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<td>1989</td>
<td>Lynda Senkbeil</td>
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<td>1990</td>
<td>Buck Jones</td>
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<td>1991</td>
<td>Graham Gallemore</td>
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<td>1992</td>
<td>Jim Randolph</td>
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<td>1993</td>
<td>Cele Coyle</td>
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<td>1994</td>
<td>Dink Taylor</td>
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<td>1995</td>
<td>Paul Goode</td>
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<td>1996</td>
<td>Earl Jacoby</td>
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<td>Keith Young</td>
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<td>1998</td>
<td>John DeHaye</td>
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<td>1999</td>
<td>Ron and Alice Clements</td>
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<td>2000</td>
<td>Vickie Meader</td>
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<td>Rick Doke</td>
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<td>Joe Francica</td>
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<td>Jim Oaks</td>
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<td>2007</td>
<td>Randy McFarland</td>
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<td>2008</td>
<td>Steve Rice</td>
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<td>2009</td>
<td>Susanna Litkenhous</td>
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<td>2010</td>
<td>Steve &amp; Jennifer Carter</td>
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<td>2011</td>
<td>Linda Scavarda</td>
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<td>Louise Tinsley</td>
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<td>Forrest Callicutt</td>
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<td>2014</td>
<td>Josh Kennedy</td>
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<tr>
<td>2015</td>
<td>Todd Parsons</td>
</tr>
<tr>
<td>2016</td>
<td>Melissa Hopper</td>
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When I think of what “Dedication” means to me, I think of the quote, “Be all in or get out. There is no halfway.” This quote describes the recipient of this award perfectly, for he or she describes him/herself as an “all or nothing” person, and is either “on” like an energizer bunny or “off,” and that shows in this person’s involvement in many activities and with the running community as well.

Being dedicated is really part of this person’s make-up, and he or she received a similar award in college......on his swim team......while he was attending the University of Minnesota. There is only one person in which this applies, and his name is David Moulder.

From a very early age through college, David was a competitive swimmer. He swam for the Huntsville Swim Association under Brooke Pate, who taught him many things about dedication and work ethic.

Swimming for Bob Jones, he was a two time state champion, which helped him walk-on to the University of Minnesota’s Men’s Swim Team. Also while in high school, he tried out cross country and found that he enjoyed running, but his running would be put on hold for a few years.

After graduating, he worked in Minnesota for about a year before moving back to Huntsville. Due too many ear issues from swimming for over 20 years, David decided to cut back on swimming and focus on other activities, including running.

He ran his first marathon in 2011 in Columbus, Ohio, took a few years off, and then started getting back into running again in 2013. Since then, he has steadily increased his training and even ran a recent marathon PR!!
He wants to succeed, which shows in his own training and running, but he is also just as dedicated to help others succeed, which shows in his volunteering. Besides helping out at many races and events throughout the year, where he is normally one of the first ones there, and one of the last to leave, he has been an amazing supporter during his wife’s marathon training. He gives up so much of his time each week just to help her accomplish her own goals. He gets on his bike and rides with her on all of her long runs, functioning as a mobile aid station and a great motivator.

Lastly, on a funny note, his wife, Christine, said that she has had multiple friends and co-workers come up to her and say, “Ummm. David is really... intense.” She told David this, this thinking it would help him tone it down a little, but instead he took it as a compliment, and wears it as a badge of honor. He really is dedicated to everything he does. He doesn’t like committing to things if he can’t give it his all, which makes him the perfect recipient of the HTC Dedication Award.
The Huntsville Track Club began the Service Award in 1989. This award is made to a club member, civic organization or supporter for outstanding service contributions to the club and sport over an extended number of years.

Past winners of this award have been:

1989 - Huntsville Police Department
1990 - Huntsville Emergency Medical Services Incorporated (HEMSI)
1991 - Boy Scouts of America
1992 - Huntsville Amateur Radio Club
1993 - Alabama A&M University
1994 - Girl Scouts of North Alabama
1995 - Chapter 74 of the Vietnam Veterans of America.
1996 - Dr. Mike Linder
1997 - City of Huntsville, Mayor Loretta Spencer
1998 - Lee High School ROTC, Major Harold Chafin
1999 - The Rack Cafe, John Bzdell
2000 - Hilton Huntsville
2001 - Computer Renaissance, Melinda and Chris Ponder
2002 - HiWAAY Huntsville Sprint Triathlon, M. D. Smith
2003 - HEMSI HART Team, Ed Nicholas
2004 - Papa John's Pizza, Tom Van Landingham
2005 - Fleet Feet Sports Huntsville, Dink and Suzanne Taylor
2006 - Nesin Therapy, Janine and Michelle Nesin
2007 - Coca-Cola, Mike Sokol
2008 - Purity Dairies
2009 - Dr. Darla Cowart
2010 - Domino's Pizza, Tony Osani
2011 - Bruegger's, Maynard Mitchell
2012 - Eric Enchelmayer
2013 - Holiday Inn, All Employees
2014 - Publix
2015 - Nesin Therapy Services
2016 - Coca-Cola

I have worked with the staff at the Von Braun Center for almost 15 years. They have always supported the Huntsville Track Club and our events. Matt Hodge is always accommodating to make changes and help with the Rocket City Marathon. He is there early and stays until we are done. He has even attended some of our more eventful committee meetings. Lindsey Hardesy is there to help us with all our EXPO needs. Craig Maples has been more than help with helping us move locations at the last minute. This can be a big deal when you are trying to accommodate several thousand folks. I have worked closely with Sharon Ayers for Cotton Row for almost 15 years as well. She always remembers all the little things like turning off the sprinklers so the runners don't get soaked at the finish line. The security staff is always helpful at letting us in the building bright and early on race morning. I cannot express enough gratitude to this group. You have been a pleasure to work with over the years. Thank You!
APPRECIATION AWARD – ERIC ENCHELMAYER

*Presented by Eric Fritz*

The Huntsville Track Club began the Appreciation Award in 1989. This award is made to an individual, company, municipal or civic organization for outstanding contributions to the club and sport over an extended number of years.

The Appreciation Award is most often presented to our major race sponsors or product sponsors for contributions which save the HTC money allowing us to conduct a first class race and pass the savings on to those who enter our events.

Past winners of this award have been:

<table>
<thead>
<tr>
<th>Year</th>
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<tr>
<td>1989</td>
<td>Mayor Steve Hettinger</td>
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<tr>
<td>1990</td>
<td>NIKE</td>
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<tr>
<td>1991</td>
<td>The Mill Bakery and Eatery</td>
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<tr>
<td>1992</td>
<td>WZYP Radio</td>
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<tr>
<td>1993</td>
<td>Huntsville Hospital</td>
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<tr>
<td>1994</td>
<td>Monte Sano State Park</td>
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<td>1995</td>
<td>City of Huntsville Rec. Services</td>
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<tr>
<td>1996</td>
<td>Buffalo Rock - Pepsi Cola</td>
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<td>1997</td>
<td>Papa John's Pizza</td>
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<td>1998</td>
<td>Great Harvest Bread - Chris Lang</td>
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<td>1999</td>
<td>Huntsville Lung Associates</td>
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<td>2000</td>
<td>Dr. J. Will Baker</td>
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<td>2001</td>
<td>Huntsville Police Department</td>
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<td>2002</td>
<td>Custom Graphics - Bob Resta</td>
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<td>2003</td>
<td>Bill Dunnavant - WZYP Radio</td>
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<td>2004</td>
<td>Southwood Presbyterian Church</td>
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<td>2005</td>
<td>University Of Alabama Huntsville</td>
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<td>2006</td>
<td>Sgt. Mark Shahan, HPD</td>
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<td>2007</td>
<td>Lou Hovatter</td>
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<td>2008</td>
<td>Monte Sano State Park</td>
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<td>2009</td>
<td>Brent Wren</td>
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<td>2010</td>
<td>Holiday Inn, Patricia Hurston</td>
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<tr>
<td>2011</td>
<td>Kim Balzer</td>
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<td>2012</td>
<td>Gregg Gelmis</td>
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<td>2013</td>
<td>Courtney McCool</td>
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<tr>
<td>2014</td>
<td>Kent Welborn</td>
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<tr>
<td>2015</td>
<td>Bruegger’s Bagels</td>
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<tr>
<td>2016</td>
<td>Rick Doke</td>
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The Huntsville Track Club Appreciation Award is given to someone whom we appreciate. Who has done much to help move the club in the right direction with its goals. I am here to present this award to Eric Enchelmayer with Huntsville Parks and Recreation.

The first email conversation I was ever involved in with Eric, he wanted to know "How to get the city more involved?" The HTC works closely with the City of Huntsville in many different ways but somehow Eric is always there to help and I dare say that most of the time it has nothing to do with his actual position. The phrase, "That's not my department" doesn't seem to apply to him. Eric works for the Parks and Rec department so we need to work with him when we want to use a city park or greenway or perhaps use something like the Jaycees building for a meeting but most of the time we are calling on many things that are way outside his purview. Here are a few examples:
- Trashcans
- Recycling
- HPD inquiries
- City School property inquiries
- Portable Stage
- Jaycees building, Fern Bell, etc. etc. etc.
- Lawn cutting
- Tree cleanup
- Downtown Parking
And let's not forget the massive flag flying over Cotton Row and Rocket City. Yes, that is a firetruck but Eric is there to help us get it all set up. And when you’re looking for power plugs along 26 random miles throughout the city... we call Eric.

When the city had their first idea for improving the cross country trail at John Hunt Park several years ago is when I really started to get to know Eric. He was instrumental in helping me navigate the Parks n Rec organization at that time and allowed us to make the best impact we could in that initiative.

But this year has Eric has been especially helpful for the track club and especially with the Becky Pierce Municipal Golf Course. Eric not only has served as a great liaison between the HTC and the Parks and Rec department, but has been instrumental in helping the club understand how the city works, detailing what goes on with Huntsville City Council, who we should be interfacing with and how all of this can best help the running community. And even after the City Council approved our proposal, he has continued to help facilitate our work with the Mayor’s Office and the city planners working on the renovations. This has been a great benefit to our community already and will continue to be even better in the years to come.

With a club of our size that can affect so much of the local community, you need to be in touch with your city officials / local government. We had somehow drifted away a bit from that over the years and Eric has helped us get that back.

It is with great pleasure that I present the HTC Admiration Award to Eric Enchelmayer.
JOHN PRUETT MEDIA AWARD – WAFF-TV - CARL PRATHER

Presented by Dink Taylor

This award has only been presented when the HTC Executive Board felt there was a member of the media, media organization, or other media related individual making a dedicated effort and worthy contribution to the sport of running and the ideals which the club strives to achieve.

In 1984 the Huntsville Track Club held its first Awards Banquet, and in 1986 introduced the first Media Award.

In 2015 the Media Award took on an added significance. In addition to presenting the Media Award to long time The Huntsville Times Editor John Pruett, this award was also renamed the John Pruett Media Award in his honor. In the early years of the Huntsville Track Club when road racing was in its beginning in Huntsville, before there were websites, email and social media, the newspaper was the means for the club to communicate its existence and events to the general public. Editor Pruett saw to it that club events were promoted prior to the event and that results were given coverage after the event. The clubs two signature events were so well covered that they were a success right from the first race and the Huntsville Track Club quickly became one of the major sports organizations in Huntsville. The club’s current successful status can be traced back to the significant support provided by John Pruett.

Past winners of this award have been:

<table>
<thead>
<tr>
<th>Year</th>
<th>Winner</th>
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<tbody>
<tr>
<td>1986</td>
<td>Chris Welch</td>
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<tr>
<td>1990</td>
<td>Bob Labbe</td>
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<tr>
<td>1991</td>
<td>Steve Johnson</td>
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<td>1992</td>
<td>Ronnie White</td>
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<td>1994</td>
<td>Jim Oaks</td>
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<td>1995</td>
<td>P. M. Black</td>
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<td>1996</td>
<td>Harold Bugg</td>
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<td>1997</td>
<td>Gus Hergert</td>
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<td>1999</td>
<td>Harold and Louise Tinsley</td>
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<td>2000</td>
<td>Samuel “Skip” Vaughn</td>
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<tr>
<td>2002</td>
<td>Joe Distelheim</td>
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<tr>
<td>2004</td>
<td>Bruce McLellan</td>
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<tr>
<td>2006</td>
<td>Mark Hunter, Star 99 FM</td>
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<tr>
<td>2007</td>
<td>Scott Theisen</td>
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<tr>
<td>2010</td>
<td>Chris Welch</td>
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<tr>
<td>2011</td>
<td>Erin Dacy, WAAY TV</td>
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<tr>
<td>2012</td>
<td>Chris Welch</td>
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<tr>
<td>2013</td>
<td>Bob Labbe</td>
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<tr>
<td>2014</td>
<td>Mark McCarter</td>
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<tr>
<td>2015</td>
<td>John Pruett</td>
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</tbody>
</table>

Over the last several years, WAFF 48 Television station has been a very big part of the HTC. Liz Hurley, News Anchor and cancer survivor, teamed up with the HTC and made the Liz Hurley 5K the HTC’s largest single distance race, the 5K over 6,000 strong. The partnership with WAFF and the HTC has been a perfect match up for highlighting both organizations.

When one thinks about WAFF 48 and running they probably think of the Liz Hurley 5K. When I think about WAFF 48, I think about Sports Anchor Carl Prather. Carl, from Kentucky, joined WAFF 48 in 2009 and as long as I can remember, he has been at every Cotton Row Run and Rocket City marathon.

We have a news conference for every Cotton Row Run and Rocket City marathon. Each and every one, Carl is there. He may have a cameraman with him, if not, he comes alone and brings the camera and equipment with him. Carl is always happy and friendly, glad to see us, knows me by name and continues to promote the HTC’s two most prestigious races.

It was an easy decision to make, the 2017 Service Award goes to WAFF 48, not only for helping to make Liz Hurley 5K what it is today, but for continued support of HTC from Carl Prather, for this we say Thank You.
This awards began in 1983 as the first annual award presented by the Huntsville Track Club.

The purpose of this award is to recognize our young HTC members who excel in high school cross country.

The winner of this award currently is the highest finishing male runner in the AHSAA Cross Country Championships that is a member of the Huntsville Track Club.

Past winners were:

1983 - John Walthall  Janice DeHaye  2000 - Jeff Turner  Emry McKay
1984 - John Walthall  Jenny Henze  2001 - Aalok Sharma  Emry McKay
1985 - Terry Young  Jenny Henze  2002 - Aalok Sharma  Emry McKay
1986 - Rob Allen  Chrissy Jennings  2003 - Jackson Wilson  Gwen Kyser
1987 - Kenneth Pugh  Chrissy Jennings  2004 - Mark Temple  Gwen Kyser
1988 - Pat Sefton  Kristen Roberts  2005 - Mark Temple  Gwen Kyser
1989 - Mark Jones  Ashley Patrick  2006 - Mark Fisher  Gwen Kyser
1990 - Chris Alley  Margaret Robinson  2007 - Keith Buell  Alissa Fisher
1991 - David Cain  Margaret Robinson  2008 - Mark Fisher  Alissa Fisher
1992 - Cameron Brown  Margaret Robinson  2009 - Keith Buell  Brooke Sherman
1993 - Richard Harris  Martha Hoelzer  2010 - Jacob Fuller  Alaina Norman
1996 - Philip Wiles  Louise Provancha  2013 - None  None
1997 - Philip Wiles  Catherine Williams  2014 - None  Abby Zane
1999 - David Riddle  Natalie Fahey  2016 - Andrew Dodson  Abby Zane

RACHEL JONES

One story about Rachel happened her freshman year when she would persistently experience painful side stitches during races that caused her to cramp up really bad. After several attempts of problem solving, I decided to give her a bottle of a special remedy and actually wrote the words in big letters - "Anti Side Stitch Formula" on the side of the bottle. I told her that I had consulted with several medical experts and they highly recommended this over the counter medication as a true cure for cramping up during races. At the time, I didn’t tell her it was just a couple of antacids, Tums. I just made a big deal about finding the magic cure and presented to her before the race. Well, it worked like a charm—no side stitch that championship race day.

Last year she competed as part of our 4x800 meter relay team that successfully won the state championship and competed with her teammates in the New Balance Indoor National Championships in New York City. All four years in high school, Rachel helped her team win the Sectional Cross Country Championships, she was a member of our 2016 State Championship team, and during 2014, and this year, she helped her team finish as State Runner-Up in Class 7A Cross Country.
Rachel Jones will graduate from Huntsville High next May as the youngest senior that I have ever had the pleasure to coach all four years in high school. She is now only 16 years old. Her physical and mental development as a distance runner has been ideal, gradual and steady; peaking her senior year with little injuries. She is signing tomorrow a Letter of Athletic Intent with Embry Riddle University. Rachel loves to compete and will compete against the best. Rachel Jones has what it takes to succeed as a young lady as she enters the competitive field of engineering college. Rachel is among my most courageous and hard-working athletes that I have ever had the pleasure to coach.

CAMERON COX

Cameron Cox is a one of a kind young man. He has a contagious, upbeat, positive personality that has impacted his teammates in an invaluable way. He never meets a stranger and is always trying to make you laugh. At the same time, he knows when to get serious and focus on training. This shows in how much he has improved over the last few years. He has gone from running over 20 minutes in the 5K as a sophomore, to running 15:48 at sectionals in the 5K this year as a senior. He won the AHSAA 7A Section 4 championship, helping lead the Huntsville High boys to a team championship, and followed that performance up with a time of 15:54, resulting in a 4th place finish at the AHSAA State XC Championship on 11/11/17. This helped the boys earn a close runner-up finish overall, marking the best performance for the boys in decades. This would not have been possible without Cameron’s positive senior leadership throughout the season. He is beyond deserving and has truly earned the honor of the HTC Outstanding High School Boy Runner for 2017.
CONGRATULATION TO THE

OPEN MALE  MALE MASTER  OPEN FEMALE  FEMALE MASTER
1985 Lawrence Hillis 865 Jim Oaks 1000 Kathy Bond 1100 Dixie Lee 890
1986 Lawrence Hillis 760 Jim Oaks 900 Kathy Bond 915 Alice Clements 930
1987 Carl Nicholson 905 Malcolm Gillis 655 Jamie Clay 815 Betty Dooley 675
1988 Rob Allen 580 Carl Nicholson 700 Jamie Clay 660 Donna Cancel 675
1989 C. Van Valkenburgh 750 Carl Nicholson 1000 Katye Pfizer 930 Betty Dooley 535
1990 Randall Roland 830 Carl Nicholson 1000 Jamie Clay 995 Sandy Berg 895
1991 Darrin Rohr 700 Steve Rice 920 Jamie Clay 905 Pam Marshall 960
1992 Kevin Keene 900 Carl Nicholson 900 Jamie Clay 905 Sandy Berg 950
1993 Mike Yarnell 760 Michael Crouse 950 Meshele Pate 920 Sandy Berg 800
1994 David Purinton 955 Carl Nicholson 950 Sheryl Dummer 830 Yong Yancura 1025
1995 David Purinton 915 Steve Rice 1100 Meshele Pate 660 Sandy Berg 895
1996 David Purinton 830 Clint Jones 980 Janet Haenisch 600 Sandy Berg 1055
1997 David Purinton 940 Clint Jones 940 Julie Hardwick 760 Sandy Berg 905
1998 David Purinton 1015 Joe Francica 1000 Amy Martin 970 Cathy Henry 1000
1999 David Purinton 995 Joe Francica 1100 Kathy Youngren 990 Cathy Henry 930
2000 DeWayne Satterfield 945 Joe Francica 1000 Kathy Youngren 870 Sarah Grace 870
2001 Donald Bowman 875 Joe Francica 920 Valerie Connaughton 1000 Vickie Kurtz 740
2002 Lance Winders 985 Joe Francica 870 Valerie Connaughton 970 Vickie Kurtz 810
2003 Donald Bowman 1000 Marty Clarke 1000 Valerie Connaughton 865 Jennie Rountree 985
2004 Donald Bowman 1000 Marty Clarke 1000 Katie Maehlemann 870 Gail Whelan 985
2005 Donald Bowman 1000 Marty Clarke 985 Candace Jacobs 940 Gail Whelan 870
2006 Donald Bowman 940 DeWayne Satterfield 930 Candace Jacobs 955 Gail Whelan 1000
2007 Donald Bowman 850 Marty Clarke 810 Brooke Pruitt 820 Jennie Rountree 930
2008 Jason Reneau 875 Jon Elmnote 790 Candace Jacobs 855 W. Hollingsworth 965
2009 David Riddle 1000 Donald Bowman 1000 Candace Jacobs 1000 Mona Parker 815
2010 Josh Whitehead 995 Donald Bowman 1000 Candace Jacobs 940 W. Hollingsworth 970
2011 Josh Whitehead 985 Donald Bowman 1000 Candace Jacobs 1000 Roberta Hauck 940
2012 Josh Whitehead 875 Donald Bowman 900 Candace Jacobs 800 Roberta Hauck 1000
2013 Eric Charette 820 DeWayne Satterfield 830 Kathy Youngren 825 Sheryl Dummer 895
2014 Josh Whitehead 1000 Bronson Lee 800 Neta Ezer 885 Rebecca Byers 1000
2015 Josh Whitehead 885 Martin Schneekloth 930 Julia Mateskorn 860 Rebecca Byers 880
2016 Eric Charette 835 Shane O’Neill 945 Jamie Hankins 575 Carol Phelps 985
2017 Daniel Sillivant 605 Robert Youngren 1000 Brooke Sillivant 455 Kathy Youngren 1000

(Continued Next Page)
### GRAND MASTER DIVISION
(Added in 2006)

<table>
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<tr>
<th>YEAR</th>
<th>MALE</th>
<th>FEMALE</th>
<th>MALE</th>
<th>FEMALE</th>
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<tr>
<td>2006</td>
<td>Brimmer Sherman 845</td>
<td>Anne Park 940</td>
<td>2012 Robert Whitaker 970</td>
<td>Melissa Wood 615</td>
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<td>2007</td>
<td>Joe Francica 1000</td>
<td>Cathy Henry 970</td>
<td>2013 Robert Whitaker 860</td>
<td>Lisa Hall 750</td>
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<td>2008</td>
<td>Wayne Heckler 855</td>
<td>Jamie Clay 1000</td>
<td>2014 Robert Whitaker 1000</td>
<td>Sonya Zaremba 835</td>
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<td>2009</td>
<td>George DeWitt 900</td>
<td>Jamie Clay 1000</td>
<td>2015 DeWayne Satterfield 925</td>
<td>Elaine Sillivant 940</td>
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<tr>
<td>2010</td>
<td>Joe Francica 970</td>
<td>Melissa Wood 725</td>
<td>2016 Tim Vinson 885</td>
<td>Elaine Sillivant 985</td>
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<tr>
<td>2011</td>
<td>Robert Whitaker 970</td>
<td>Jennie Rountree 970</td>
<td>2017 Marty Clarke 835</td>
<td>Elaine Sillivant 985</td>
</tr>
</tbody>
</table>

1. Daniel Sillivant
   - 2017 HTC Grand Prix Open Winners
   - 2017 HTC Grand Prix Masters Winners

2. Brooke Sillivant
   - 2017 HTC Grand Prix Open Winners
   - 2017 HTC Grand Prix Masters Winners

3. Rob Youngren
   - 2017 HTC Grand Prix Masters Winners

4. Kathy Youngren
   - 2017 HTC Grand Prix Masters Winners

5. Marty Clarke
   - 2017 HTC Grand Prix Grand Masters Winners

6. Elaine Sillivant
   - 2017 HTC Grand Prix Grand Masters Winners